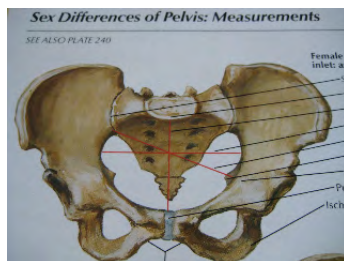




**Corinne Skrobot**  
Professional Development  
Orange County, California, Dec. 2010

**Do these situations and / or questions seem familiar?**

- *I had a hysterectomy several years ago. Since then I've experienced some severe hip pain and loss of motion. I wonder if there is a connection?*
- *My sleep is interrupted by having to use the bathroom every few hours. I have had two children, both were difficult births, one required a C-section.*
- *I have a diagnosed uterine fibroid. I am 49 years old with irregular, painful and lasting periods. What should I do?*
- *I was diagnosed with a lumbar disc protrusion a few years ago. I also have a cyst on the wall of my bladder. I wonder if that's a contributing factor to my back pain and the tingling numbness in my leg?*
- *I frequently feel an urgent need to use the washroom, especially at night. My doctor determined I have an enlarged prostate. I wonder if a visceral therapy might help me?*
- *I suffer from chronic digestive issues, everything from diarrhea to constipation. Are there any treatments more effective than the medication I am currently taking?*



If any of these apply to you, read the following synopsis of my recent coursework on the Pelvis and Urogenital system and consider whether these unique new therapies might be beneficial to you.

I took the course, offered by the internationally recognized Barral Institute, in December 2010.

It's part of a progressive series of courses in visceral (internal organ) manipulation, circulatory systems, and the integration of the central nervous system and brain.

The concept of organ mobility and stability is key to understanding dysfunctional relationships within our bodies. Dr. J.P. Barrell, founder of the institute, notes that:

**“90% of musculoskeletal pain and dysfunction have a visceral origin.”**

This particular course examined the anatomy of the pelvic organs and how dysfunction within this area can influence movement in the hips and lower extremities, the abdominal area, and even the head, neck and shoulders.

The bladder and kidneys, the uterus and ovaries, the prostate and the rectum are the organs we focused on in the pelvic course.

