

Professional Development Update - Aug 2011

Manual Articular Approach to the Spine and Pelvis

Corinne attended a three day course in Santa Monica, USA entitled “The New Manual Articular Approach to the Spine and Pelvis” taught by Dr. J. P. Barral in July 2011.

The course studied the boney articulations of the spine and pelvis along with their ligamentous and fascial connections.

With his vast experience and research, Dr. Barral demonstrated how these structures in dysfunction can influence and negatively affect the neural input to the central and peripheral nervous systems.

As manual therapists, our role is to change that input through precise, manually directed techniques that allow for the inherent healing mechanisms of the body to release tension and harmonize the whole being.

These extremely useful techniques, incorporated with visceral manipulation can be used on spinal injuries, lower back and neck pain whether acute or chronic, induced by trauma, repetitive actions or insidious onset.

They are safe and effective and, because of their precision, can be effective for disc and arthritic conditions increasingly prevalent in all age categories.



Corinne with Dr. Barral signing his newly released book “Visceral Vascular Manipulations” (2011) in Santa Monica, USA.